

Welcome to our August 2026 newsletter



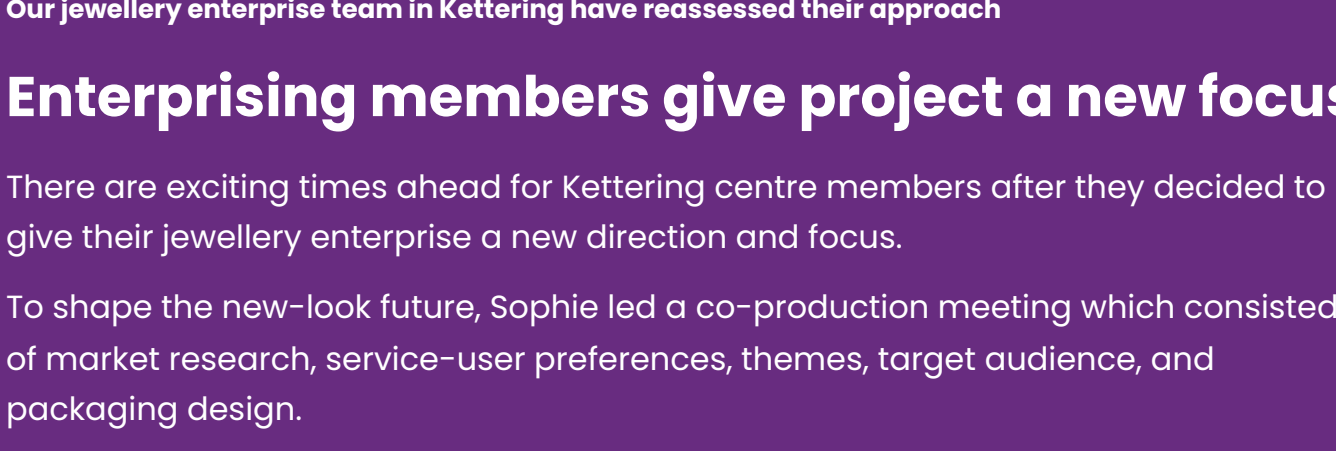
Summer has brought a real buzz to our centres, with activities taking place both in our own grounds and out in the community.

From gardening and allotments to barbecues, seaside trips and visits to the zoo, our members are making the most of the season while staying safe in the sun.

Spending time outdoors can have a positive impact on both physical health and mental wellbeing.

At the same time, we continue to provide a wide range of indoor activities, ensuring everyone can enjoy activities in the environment where they feel happiest and most supported.

Helen Burdett-Wright
Teamwork Trust CEO



Our jewellery enterprise team in Kettering have reassessed their approach

Enterprising members give project a new focus

There are exciting times ahead for Kettering centre members after they decided to give their jewellery enterprise a new direction and focus.

To shape the new-look future, Sophie led a co-production meeting which consisted of market research, service-user preferences, themes, target audience, and packaging design.

It was decided the overall brand message will be "Raising awareness of Teamwork Trust while encouraging creativity through different charms and designs". The co-production group believe the new focus and direction of the jewellery enterprise will see an increase in member engagement and sales to drive the enterprise department forwards.

Teamwork news



Fundraising to the fore!

We are so grateful to our incredible supporters at Plumbase in Wellingborough for making us one of the nominated charities at their recent golf day.

Held at the beautiful Wellingborough Golf Club, the event was a fantastic success, with some of our members joining the day to meet supporters and showcase the work we do at Teamwork.

The latest fundraising has taken the incredible amount raised by Plumbase for Teamwork Trust to more than £2,000 and every penny will go towards our EV Minibus campaign. A new disability-accessible electric minibus will create many more opportunities for our members to enjoy activities outside of our centres.

We genuinely cannot thank Plumbase enough for their support and ongoing commitment to Teamwork Trust.

Cultivating wellbeing

Our members are continuing to shape the future of our My Wellbeing Garden project through a series of sessions that combine creativity with practical skills.

A recent visit to a local garden centre challenged them to research shade-loving plants, compare prices and decide which options offered the best value for money. The experience encouraged them to ask questions, make informed choices and build confidence while out in the community.

Back at our Kettering centre, the group explored different design ideas, including whether the garden should feature a bark or gravel base. Next, they will measure the space, calculate costs and put the final design to a vote - a fantastic example of co-production in action, with members designing a wellbeing space for members.

Teamwork Times



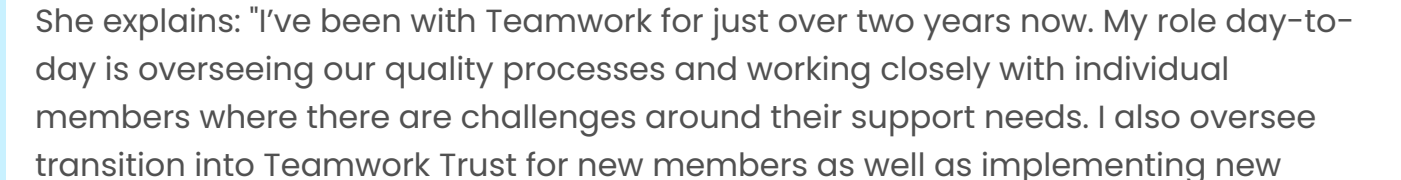
Our members take part in a monthly 'Journo Club' session in which they choose, discuss and write stories about what is happening at Teamwork Trust. This can be trips, projects or events - anything they want to focus on. We then include the stories in their very own newspaper, the Teamwork Times.

[Click on the image to read this month's edition created by our Corby journalists!](#)

Teamwork people

A spotlight on the people who make Teamwork Trust such an amazing place

Courteney Woodward



Teamwork Trust's Quality and Outcomes Lead, Courteney pictured with Kettering member Rachel

Every Teamwork member's journey is different, but they all have one thing in common - the opportunity to grow, develop and become more independent. Helping to make that happen is Courteney, Teamwork Trust's Quality and Outcomes Lead.

Courteney is responsible for ensuring members receive the best support possible while developing the systems that track the progress they make.

She explains: "I've been with Teamwork for just over two years now. My role day-to-day is overseeing our quality processes and working closely with individual members where there are challenges around their support needs. I also oversee transition into Teamwork Trust for new members as well as implementing new templates and systems including our new progression tracker."

This is something that sits at the heart of everything Teamwork does, with every member encouraged to learn new skills, build confidence and achieve their own personal goals.

"Progression is central to our identity at Teamwork Trust. To us, the development of skills for a more independent future is intrinsic within everything we do, providing purposeful opportunities for individuals who wouldn't otherwise be able to access them.

"We have a wide range of service users with different abilities, ambitions, and goals. For some we are a stepping stone from school or college and building impactful skills to support them through this journey is just as important as the service users who are here on a more permanent basis. These skills are built through developing a bespoke timetable for each centre aimed specifically at the individuals attending.

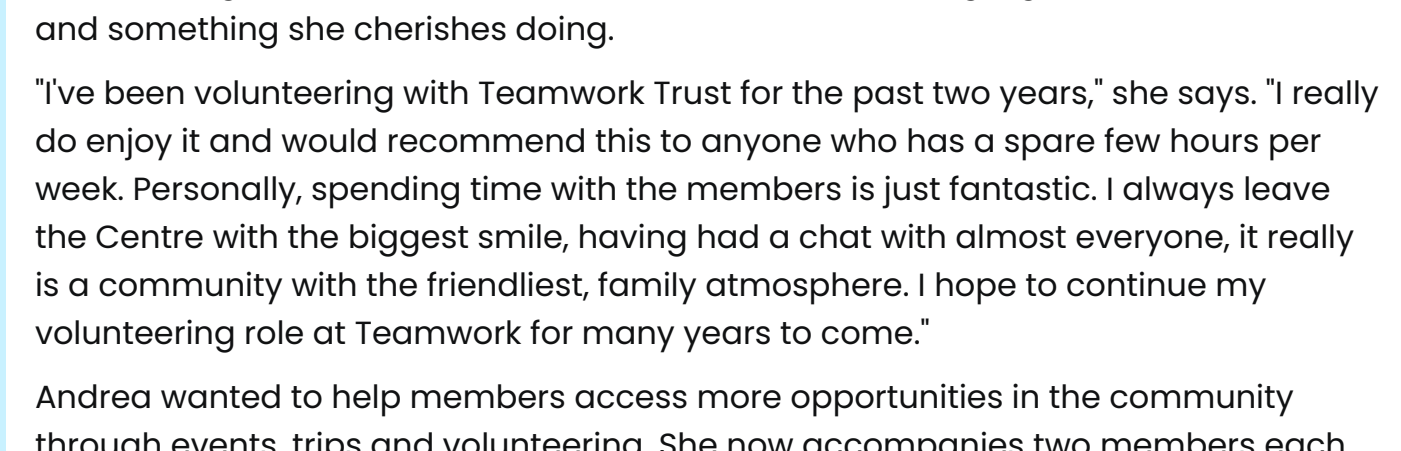
"Progression is different for everyone, but for each individual we strive to support a sense of purpose, or help our members towards their goals of a more independent future."

One moment, however, stands above all the rest for Courteney.

"I attended a review of a service user and was able to show his family a gallery of what they had been taking part in over the year. Watching this member be so proud to show his parents what he had been doing made everything we do so worth it."

Teamwork socials

Here are a few of the activities and stories to recently feature on our social media



The woodwork club at Corby Teamwork Trust are a very talented bunch and they have had great fun putting their skills on the machinery to good use to make items for the garden like a planter and bird feeders.

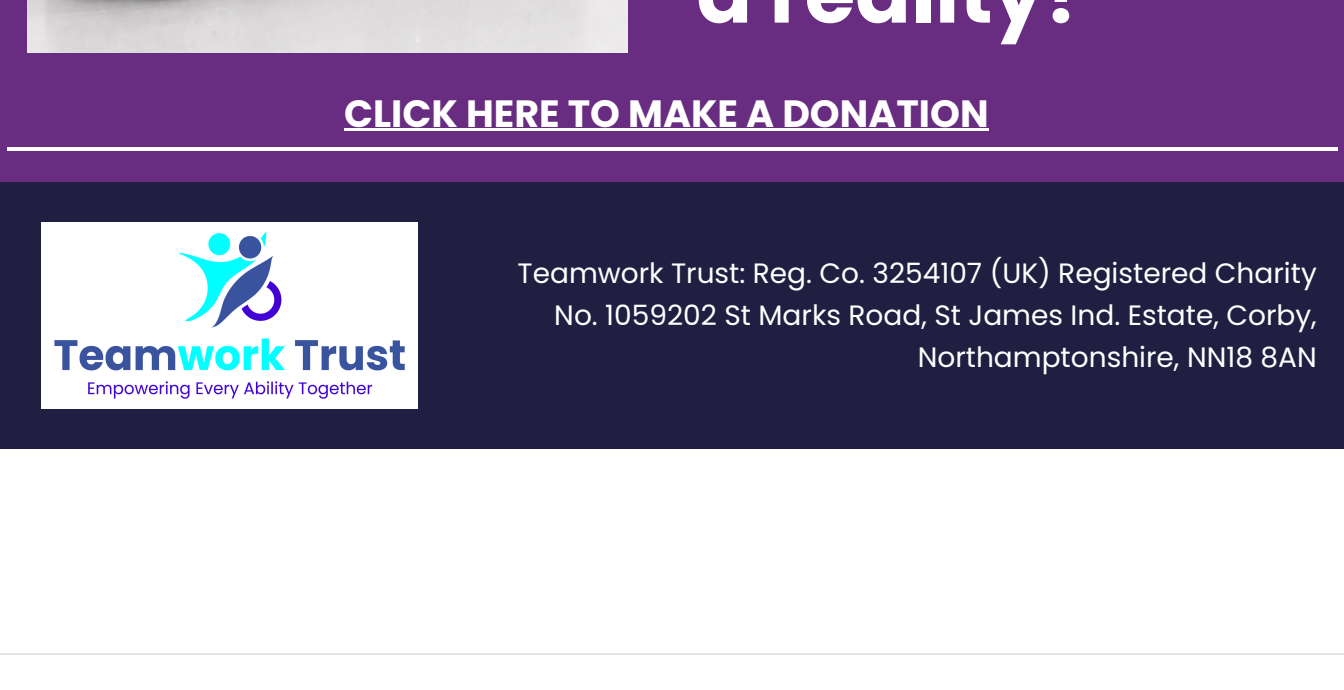
Our Wellingborough members really dig their history (sorry!!). A recent visit to Chester House saw them get hands-on while learning all about the Roman town that used to exist here as well as the people who lived there.

The summer holidays are in full swing now, but in time for the schools to break up our Kettering members produced these fantastic Leavers 2026 books to for students to collect notes and memories from their friends.

[Click on the pictures to find out more](#)



Teamwork testimonial



Volunteer Andrea helps by supporting members in their activities both in and out of the centre

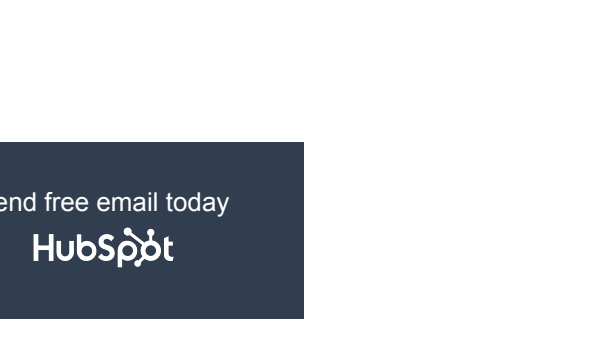
Volunteering at Teamwork Trust has become one of the highlights of Andrea's week and something she cherishes doing.

"I've been volunteering with Teamwork Trust for the past two years," she says. "I really do enjoy it and would recommend this to anyone who has a spare few hours per week. Personally, spending time with the members is just fantastic. I always leave the Centre with the biggest smile, having had a chat with almost everyone, it really is a community with the friendliest, family atmosphere. I hope to continue my volunteering role at Teamwork for many years to come."

Andrea wanted to help members access more opportunities in the community through events, trips and volunteering. She now accompanies two members each week to a volunteering placement at the Methodist Church.

"Together, the members set up and lay out the tables in preparation for a free meal offered to people in need. They take real pride in the work - it gives them a strong sense of purpose and self-worth, and they're always enthusiastic about doing even more. The Methodist Church is incredibly grateful for their help, which makes this a truly positive and mutually beneficial partnership."

Andrea is a much-valued member of the Teamwork family. Her warmth, enthusiasm and genuine care for others shine through in everything she does. Through her commitment and encouragement, she is making a real difference to our members and the wider community every week.



Can you help make our minibus dream a reality?

[CLICK HERE TO MAKE A DONATION](#)