

Welcome to our September 2025 newsletter



Exciting Updates at Kettering

This month, refurbishment works begin at our Kettering centre as part of our Going for Zero project. The upgrades will include a new suspended ceiling, modern heating, and energy-efficient LED lighting. These improvements are designed not only to refresh the building but also to reduce our environmental impact and support a more sustainable future.

August Highlights

I recently had the pleasure of joining our Corby team for their trip to Woburn Safari Park. It was a fantastic day filled with animal adventures, lots of laughter, and wonderful memories for our members. Days like these remind me how important shared experiences are, and I'm so grateful to our dedicated Corby staff team for making it possible.

Helen Burdett-Wright

Teamwork Trust CEO

Help back Ben as he takes on a big rowing challenge



One of our wonderful Kettering members, Ben, is undertaking a rowing challenge to raise money. Over the course of three days this month (Tuesday 16th to Thursday 18th), Ben will row 50km - the equivalent distance between our three centres.

Fundraising Executive Judy Caine said: "We're very proud of Ben for taking this challenge on. He took part in our 'Row the Atlantic' event last year and was inspired to do his own challenge. He is training hard three days a week, and we are backing him all the way. It will be an amazing achievement and I can't wait to see his face as he steps off the rower having completed all 50km. Row, Ben, row!"

Any amount of sponsorship will be gratefully received. To support Ben and donate please [follow this link](#)

Teamwork Trust news



Going for Zero heroes

Our *Going for Zero* project will pilot the transformation of our Kettering site into a modern place with co-production at its heart.

We will focus on sustainability and innovation, our site will support more social enterprises, life skills, and personal development activities for our service users and respond to a new low carbon economy.

Our aim is to modernise the Kettering site through sustainable infrastructure upgrades. This will reduce energy costs, improve comfort, and enable the next phase of our development and growth.

[Click here to see our Going for Zero video.](#)



Kali's incredible progress

Thanks to the right support, encouragement, and techniques, Kali from our Wellingborough Centre has shown remarkable personal growth.

After only five shifts at the RSPCA shop, Kali is confidently working with minimal staff support, proving just how quickly skills and independence can develop with dedication and determination.

Kali said: "It's helping me to gain more confidence and skills and I hope, in the future, the experience will lead to paid work in retail. I really enjoy working on the till and I'm hoping I can get some training too. I'd like to be able to save for the future."

Teamwork Times



Our members take part in a monthly 'Journo Club' session in which they discuss, create and write stories that mean something to them about the time they spend at Teamwork Trust. This can be trips, projects or events - anything they choose. We then include the stories in their very own newspaper, the *Teamwork Times*.

Click on the image to read this month's edition created by our Kettering journalists!

Teamwork People

A spotlight on the people who make Teamwork Trust such an amazing place

Tom Davies



Tom is our Head of Service & Operations at Teamwork Trust. Tom is part of the Senior Leadership Team and has been with us for nearly two years. As well as being a qualified SEN teacher, Tom has also worked as a carer, a speech and language therapy assistant, and brings with him over 15 years of experience working with people with additional needs.

"I head up our social care services, our cross-centre teams and education colleagues, ensuring we are providing a great service to our service users, exceeding our quality standards and fulfilling our charitable objectives.

"I am very passionate about spending time with our service users. It is so rewarding to learn more about the people we support and to understand their needs. Our service users arrive at our centres with enthusiasm and are keen to develop their skills, have fun and make valuable connections. Another great aspect of my role is having a great team; the staff who work with our service users to make it happen day after day. Their knowledge, kindness, patience and drive are admirable. Teamwork Trust is a great place to work and we are making great progress."

"It's really easy to be enthusiastic about Teamwork Trust, because our service users speak so highly of us and it is clear we play an important role in their lives and our communities. Our mission is impactful, and at every stage there are personal stories that feed into this wonderful tapestry that is Teamwork Trust. It is a story around progression for our staff and our service users, and this means supporting them to fulfil their aspiration. It's a wonderful place to be. That's because the environment has been influenced by our service users and the staff team to be fulfilling, supportive, purposeful and fun.

"Our centres are welcoming, warm, vibrant places, and we've got an offer for everyone. If our service users want to change things, then we work with them to co-produce it. I am proud of what we are achieving, and excited to move with the times and progress even further."

Want to be a Teamwork Trust volunteer? [Click here to find out more](#)

Social media

Here are a few of the activities to have featured recently on our social media



Our volunteers are hugely important to us and a vital part of the organisation - which is why we have been paying our thanks to these wonderful people with a series of celebrations across all three centres.

To mark 'National Girlfriends Day', some of our Kettering members had a trip out to our local Costa Coffee where they were able to spend some quality time together chatting, doing nails and enjoying coffee and biscuits.

Wellingborough member Michael is proudly the reward of his plant-growing project under the MyEnterprise scheme. He was recently able to harvest his first potatoes and continues to keep a close eye on the rest of his produce.

[Click on the pictures to find out more](#)



Teamwork testimonial

"As the coordinator of the Age UK Northamptonshire Day Centre, it has been a privilege to support members of the Teamwork Trust during their volunteering journey. Within a matter of weeks, the increase in confidence in both Rachel and Norman was wonderful to witness. Not only are they valued members of our volunteering team, supporting us with lunchtime duties, they have made such meaningful relationships with our clients. They are now our 'Thursday Bingo Callers', a role I know they both love, as they get time to interact with everyone.

"Our Age UK Northamptonshire partnership with Teamwork Trust has been so valuable to us also. Our clients have enjoyed visiting the Kettering centre and interacting with members. The generational gap works well and the interactions are warming to witness."

Emma Atkins - Age UK Northamptonshire's Kettering Centre manager

Upcoming events



Friday, October 17th

Ceilidh at Chester House

A wonderful evening of music and dance led by 'Reel Thyme'. Come along and enjoy the 'craic' as these four exceptional musicians play lively celtic rhythms. Starting at 7.30pm, there's free parking, snacks and a bar. Tickets cost £20 and can be purchased now [via this link](#)



Friday, October 31st

Halloween Quiz & Curry

Join us at the Kettering Park Hotel & Spa (7-10pm) to enjoy a fabulous curry and fun-packed evening with quizmaster Simon Cox. Teams of 4-6 are welcome - the more competitive the better! There are great prizes on offer along with a raffle. Tickets cost £32 and are [available to buy here](#)

Would you like to volunteer at Teamwork Trust?

[FIND OUT MORE OR FILL OUT A FORM HERE](#)