

Welcome to our November 2025 newsletter



On October 16th, I had the pleasure of speaking at the Charity Finance Summit in London with our Head of Finance, Sarah Appleby.

Our session, *Creating Space to Care*, explored how mental health and wellbeing are central to our culture at Teamwork Trust – from building a supportive, resilient workplace to running a volunteering programme for people on a mental health pathway.

We're proud to keep investing in these areas because they make a real difference to our team, our volunteers, and everyone connected to Teamwork Trust.

Finally, it's Trustee week between November 3rd-7th and I would like to take this opportunity to thank our wonderful Board of Trustees for their time and dedication in supporting our brilliant organisation.

Helen

Teamwork Trust CEO

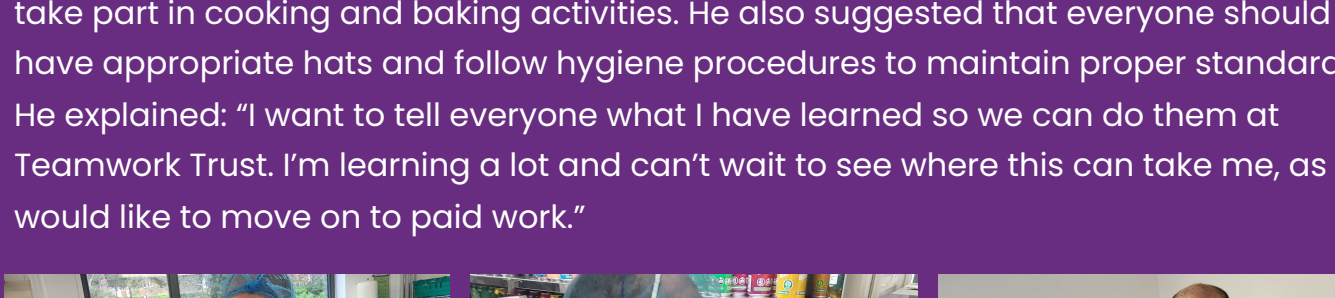
Norman's relishing his successful canteen placement

Kettering Teamwork member Norman has successfully completed his introduction with the Myton Food Group and has started his work placement in the canteen at their Rushden factory. He is learning how the canteen operates, including understanding and applying food safety regulations.

Teamwork's Vocational Lead, Emma, said: "Norman receives great person-centred support from the team at the Myton Group. They have been very welcoming and supportive during his induction. He has settled in well and is making excellent progress. He is taking his role very seriously and is very eager to learn."

Myton Group canteen manager Kim Myton added: "Norman has been a great support in the canteen. He is constantly picking up new skills and is always eager to take on the task ahead. Norman has a wealth of knowledge that he has enjoyed sharing with our team, which helps create a positive and motivated working environment."

Norman has asked to deliver a Food Safety Awareness session to our members who take part in cooking and baking activities. He also suggested that everyone should have appropriate hats and follow hygiene procedures to maintain proper standards. He explained: "I want to tell everyone what I have learned so we can do them at Teamwork Trust. I'm learning a lot and can't wait to see where this can take me, as I would like to move on to paid work."

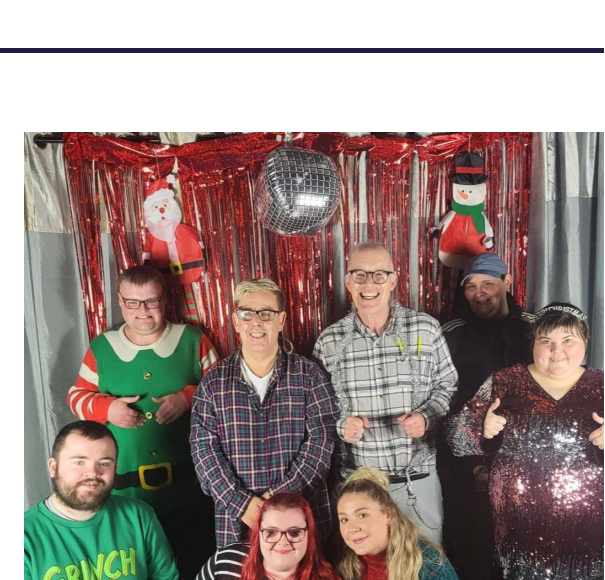


Teamwork Trust news



A wonderful new website

We are delighted to announce the launch of our brand-new website. The site has been a work-in-progress for some time with the project co-produced by our members who helped design, create and provide valuable feedback throughout the entire process. We are also very grateful to Marie and the team at [Poppy Design Studio](#) for their excellent work in developing the site. We're delighted with the result of all this work – so please take a look for yourself at www.teamworktrust.co.uk.



Festive fun at our disco

We can't wait for Christmas, so we're getting in the festive mood early this year. We'll be holding our annual Christmas Fundraiser Disco on Thursday, November 20 at our Kettering centre and it is sure to be a fantastic evening as always. Starting at 6pm, we'll be dancing away until 8pm enjoying a fabulous disco, a photobooth, and plentiful refreshments. The disco is open to everyone and tickets ([available via this link](#)) cost £5 per person with entry free for carers. So get your dancing shoes and rock around the Christmas tree with us.

Teamwork Times



Our members take part in a monthly 'Journos Club' session in which they discuss, create and write stories that mean something to them about the time they spend at Teamwork Trust. This can be trips, projects or events – anything they choose. We then include the stories in their very own newspaper, the Teamwork Times.

Click on the image to read this month's edition created by our Wellingborough journalists!

Teamwork People

A spotlight on the people who make Teamwork Trust such an amazing place

Ceri Davies



As we are in Trustees' Week, it is the perfect time to introduce our Chair of Trustees – Ceri.

He has been with us for nearly four years and, as Chair, leads on ensuring we have effective governance and a clear strategic direction. Having started his career as a youth and community worker, he has subsequently held various management and leadership roles and spent the last 20 years or so working with students' unions across the university sector.

Being a trustee, says Ceri, is a fulfilling experience and one he would recommend to anyone thinking about volunteering their time.

"I would encourage them to do so. It's a great way to share your skills and experience, broaden your networks and have a positive impact. I enjoy opportunities to engage with service users at Teamwork. Not only are they inspiring individuals, but it's great to be part of a charity where you can see the impact of our trustees' decisions on the lives of individuals who benefit. It's also great to have an opportunity to work with other professionals outside my normal working environment, both staff members and fellow trustees.

"We have been on a journey to modernise the charity and its services and change its culture over the last few years. It has been very rewarding to see the progress in these areas. We now need to face some specific challenges with our buildings to ensure they are fit for the future and I am excited to think about how we best do this as a board of trustees and how we can take our service users and other stakeholders on the journey with us."

[Find out more about our Board of Trustees by visiting our website](#)

Want to be a Teamwork Trust volunteer? [Click here to find out more](#)

Social media

Here are a few of the activities to have featured recently on our social media

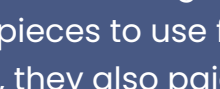


Big thanks were sent to Jon and Mike from B&Q who have been back into our Kettering centre offering their fantastic skills. Our appreciation was shown with a special gift made by our members.

Our Wellingborough members have been out and about enjoying the beauty of autumn. As well as collecting bits and pieces to use for craft, they also paid a visit to [Saxby's Cider](#) to do some apple picking!

We love trying out a variety of activities and some of our members have been giving pyrography a go. Using a wood burning pen, they were able to produce some really brilliant pieces of work.

[Click on the pictures to find out more](#)



Teamwork testimonial

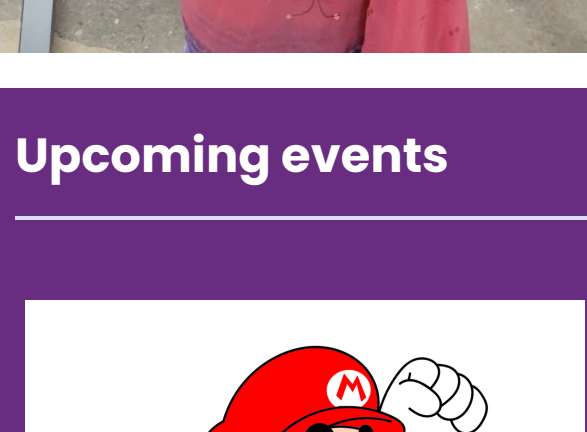


James joined Teamwork Trust this summer after leaving Isebrook School. He previously attended as part of his year-long Work Skills Training course, which allows students to experience different environments and understand what it would be like to attend a different provision. This helped James' transition into Teamwork as he was already familiar with the setting, routines, and staff.

He enjoys everything about attending Teamwork Trust but particularly likes playing pool, taking part in arts and crafts sessions, and helping Kala with the enterprise items. He recently took pride in making his own coaster during one of these sessions. He is learning valuable work training skills and interested in becoming involved with gardening and taking on more jobs around the centre.

Kettering Centre Lead, Olly, said: "James is doing so well. He's settled in brilliantly and become a valued member."

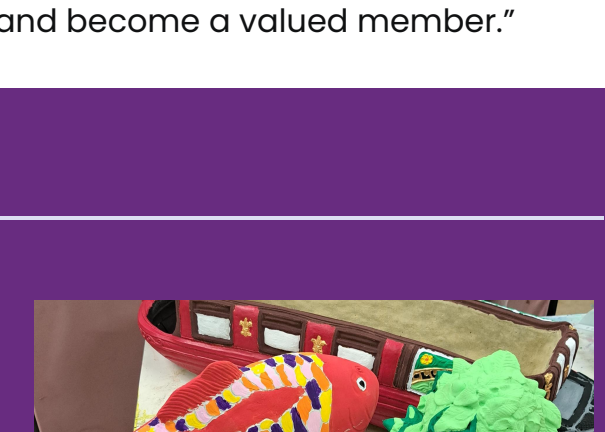
Upcoming events



📅 November 27th 2025

Mario Kart Championship

Teams of 4 are invited to rev up for some serious Mario Kart madness at the Savoy Cinema, Corby. Get on track now and book your ticket [via this link](#). There will be a trophy for the winning team and snacks will be available throughout the night should you need to refuel. Tickets are £10 per person and all participants will receive 15% off a meal at [Hector's](#).



📅 December 11th 2025

Wine and Auction Night

We are partnering with the North Northants Social Enterprise Charity for an auction night. Join us at our Kettering centre in Stanier Close to enjoy a glass of wine and bid for unique, hand-painted garden ornaments; created by our talented service users. Tickets cost just £5 (including wine) and are available to purchase by [following this link](#).

Would you like to volunteer at Teamwork Trust?

[FIND OUT MORE OR FILL OUT A FORM HERE](#)