



Teamwork Trust

Empowering Every Ability Together

DC's Story

Personal Background:

DC brought up his son alone from birth to age 18, facing many challenges. His son, who had learning difficulties, later became homeless and incarcerated. DC co-founded 'Maplefield Circle of Friends', a school for young people with disabilities. He came to Teamwork to help others avoid his son's path and find positive focus.

Personal Statement:

"Having the opportunity to volunteer for Teamwork has given me the chance to interact with young adults with learning difficulties, which I really enjoy. Teamwork also gives me a place to come where I know that I'm valued and needed and I am learning a lot."

Looking Forward:

DC hopes to use his experience in catering and pottery to lead sessions and is pursuing training with Sports Northants. He's also open to gaining qualifications like food hygiene and safeguarding to better support service users.



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JW's Story

Personal Background:

JW, a retired engineer, experienced declining mental health after years as a carer for his wife. He missed social interaction and a sense of purpose. Volunteering at Teamwork brought structure and reconnected him with his community.

Personal Statement:

"Volunteering has enhanced my self-confidence and mental well-being. I feel like I'm part of the community again and my wife is happy too – because I'm out of the house for two days a week!"

Looking Forward:

JW supports maintenance and bigger projects at the Wellingborough Centre, and continues to make a meaningful impact with his hands-on approach and positive energy.



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SW's Story

Personal Background:

SW was pursuing a Master's in Special Educational Needs and Inclusion when she joined Teamwork. She wanted practical experience to complement her studies. Her volunteer role aligned with her career aspirations to work with autistic adults and individuals with learning disabilities.

Personal Statement:

"It has been an invaluable experience for me – very different from how I imagined from my books. It gave me the confidence to apply for jobs in this sector."

Looking Forward:

After her husband relocated, SW applied for several jobs and eventually secured full-time employment in her chosen field. Her short time at Teamwork was crucial to this success.



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RC's Story

Personal Background:

RC, a former nurse, had to leave her profession due to health issues. She came to Teamwork to gain admin experience while studying for a Level 2 in Principles of Administration with a focus on accounting.

Personal Statement:

"Volunteering has helped give my life a structure and enabled me to learn new office skills that I'm sure I will be able to draw on in the future."

Looking Forward:

RC continues to volunteer in office-based roles and is gaining the confidence and skills needed to pursue a new career path in administration.